

STB :

slowly add 50g of lye in 500-1000ml distilled water,

when the temperature has come down, add 50g of MHRB and shake thoroughly.

Leave it be for 2-3h, then add 50ml naphta, mix well but don't shake too much for 1/2h then pull.

Repeat 3 to 4 times, combine the pulled naphta in a small jar, close tightly, and put in the freezer for 24h.

Then shake well to get all the crystals and filter.

You should have at least 500mg if you do it properly without haste, by thinking twice before starting any procedure.

The more you wait for some steps, the more yield you might get. i.e, you can leave the MHRB in the lye for the night, it won't hurt.

Also, leave the last pull for a day in the solution before pulling, etc. For such small quantities of MHRB, you might want to try a simpler STB :

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To pull 5-10g of dmt out of mimosa depends on the procedure & materials... but roughly speaking, if you were to order 1 pound= 454g a decent extraction should give you around 6 grams of dmt.

He means you can expect 1-2% of dmt from however many grams of bark you have.

Also, I would reccomend using clear plastic milk jugs that say "**HDPE 2**" on the bottom of the jug in a small triangle. This way you can avoid glass breaking. You can **ONLY** use this type of plastic, idk why but i think others would warp or something due to the chemicals used.